## Coronavirus (COVID-19)





## **PROTECT YOURSELF AND OTHERS FROM GETTING SICK:**



Wash your hands often



Elbow cough/ sneeze



Avoid touching eyes, nose, mouth with hands



Cough in tissues and throw away



Stay home if you are sick



Avoid contact with sick person



Use alcohol-based hand sanitizer if soap and water are not available

## **SYMPTOMS INCLUDE:**



Fever



Cough



Difficulty breathing

FEELING SICK OR HAVE CONCERNS?

CALL TELE-CARE 8-1-1 BEFORE YOU PRESENT AT YOUR PHYSICIAN'S OFFICE OR THE EMERGENCY ROOM

For the latest information visit: www.gnb.ca/coronavirus

